

INFO 2019



Welcome to Springs Camp

We're looking forward to welcoming you to Springs Camp and an enjoyable time at Keswick Convention. Whether you've been to camp before or it's your first time you'll find this information useful so please take a few minutes to read it.

Check In:

- Use CA12 4AN in your satnav and arrive between **2.15pm and 5.30pm** on Saturday.
- If you want to camp with friends please try to arrive together.
- If you're coming by bus please let us know if you need a lift from the bus stop on Penrith Road or at Booths (ring us on 07788 990515).
- We provide complimentary refreshments in the marquee on arrival.
- Convention handbooks and Springs Camp bags will be on sale when you arrive.



First Meal:

- Your first meal at camp is at 5.30pm on Saturday.
- If you'll be arriving later, please let us know (ring us on 07788 990515) and we can usually save you a meal.



Children & Vulnerable People:

- All campers should respect and be considerate of each other.
- **BUT**, it's the responsibility of every parent and carer to look after their children and those they care for.
- Youth groups are the responsibility of their leaders (who should have current DBS checks).

Check Out:

- Leave the field by 11am on the Saturday morning.
- If you need a lift to the bus stop just let us know.
- If you can help strike camp on the last Saturday tell one of the leaders.



Cars, bikes, vans, etc:

- For safety, there's a one-way system for all vehicles.
- Always keep your speed to under 5mph (walking speed) and watch out for children.
- You can park in the field near your tent or caravan - at your own risk.
- You must follow guidance and instructions given by the leaders on parking and moving vehicles on the field, especially in wet weather.
- Use your vehicle as little as possible; it's not far to walk to the Convention



Crèche Area:

- There is a small carpeted area with a selection of toys in the marquee for under 5s.
- You're welcome to use this whenever you like, but children must not be left unattended and are their parent's or carer's responsibility at all times.



Centre and to town - and parking in town is difficult and expensive.

- There's a minibus between the Convention Centre and Rawnsley at meeting times.
- No cars are allowed to come on the field between 11pm and 8am except by arrangement with the leadership team.

Keeping clean and healthy:

- We're on a farm field so please take extra care by washing hands before meals, when helping with fatigue duties and after using the toilets.
- The toilets have a cold water tap for washing hands only (not teeth!).
- Hot and cold water and soap are always available at the taps behind the kitchen (the water here is also safe to drink).
- Separate wash-tents are provided for males and females near the hot and cold water taps behind the kitchen. The male wash tent has shaving points.
- There's a hair-drier point in the marquee.
- Showers (24 hours) are available on site and restricted opening in the Convention Centre (ladies & gents' toilets).
- There are launderettes in Helvellyn Street (near Convention Centre) and on Bank Street (on the way to Rawnsley Hall).



What to bring with you:

- Personal clothes, toiletries, towels and flip-flops for showers.
- Clothes suitable for extremes of temperature - shorts & t-shirts through to trousers & fleeces. Waterproof clothing and wellies, boots or crocs for wet grass.

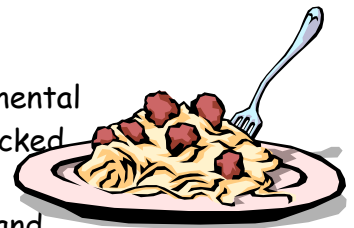


We can frequently have cold rain and hot sun ... and mud.

- Walking boots/non-slip footwear if you want to go on hill walks and swimming things for lake, river or leisure pool.
- Torch (it gets very dark at night).
- Sleeping bag, pillow, hot-water bottle, extra layer for sleeping (nights are cold).
- Bible, notebook, pen.
- Convention programmes are available to buy when you arrive at Camp or from the Convention office.

Meals:

- Cooked/continental breakfast, packed lunch, cooked evening meal and supper, with packed lunch on your final Saturday - are provided by our own cooks who work in the kitchen.
- All crockery and cutlery is provided.
- A triangle is rung at meal times - please be prompt as we can't keep food for late comers unless previously arranged.
- Smaller helpings are given initially and second helpings are normally given once everyone's served, so that you all get enough to eat. You won't go hungry!
- Meals are aimed to tie in with Convention meetings and this year are 8am and 5.30pm.
- Washing up is done at the end of each dining table immediately after the meal - it's usually a good time to make friends and chat. Young and old can help. But be careful - the water is extra-hot to kill any germs.
- If you're leaving early to go to a seminar make sure you wash up in the evening instead.



On 'fatigues':

- Your chance to see behind the scenes!



Each camper does a duty day, helping with the running of the camp, under the direction of that day's Duty Leader.

- You may be helping to prepare food, serving, doing general kitchen duties, in fact anything to help make camp run smoothly on 'your' day.
- 'Fatiguers' have their meals just before the main camp, 7.15am breakfast and 4.45pm evening meal.
- If you think you'll have problems getting up, let the Duty Leader know the night before.
- You'll still be able to go to Convention activities on your duty day.
- If you've come with other people you'll all do fatigues together.
- There are jobs for young children to help with but special arrangements are always made for parents with babies or toddlers.

New to camping?

- Camping is much more basic than staying in a house, so you need to prepare yourself mentally as well as physically.
- Tent walls are thin and sound carries a long way - **ESPECIALLY AT NIGHT**. Talk very quietly - you may not want the rest of the world to know your secrets - and most of the world don't want to hear them!
- Be careful with the lighting in your tent - shadows can be seen from outside. You may end up embarrassed!
- Don't forget to close your tent doors securely when you leave the field as the weather can quickly change and it may rain and get windy before you get back.
- Remember to check your guy ropes regularly.
- And don't pitch your tent too close to others or you'll disturb each other! A



camp leader will advise you where to pitch your unit when you arrive.

Programme:

- Meals are organised so that you can get to most Convention activities.
- We'll be arranging some extra activities in the afternoons (picnic, launch trip on Monday, BBQ, maybe some water sports, walks).
- Bring old trainers and suitable clothing if you want to do any water sports.
- Convention Handbooks are available at check in (price last year was £5).



Sleeping:

- **Lights out** is normally 11pm and **silence** on the field is between 11pm and 7.30am.
- Unfortunately, we've not found a cure for snoring!
- The youth tent (for those wearing youth wrist bands only) will close at midnight.
- Anyone on the field after 11pm is expected to be quiet and respect those already in bed.



Music:

- If you want to listen to music or radio please use headphones so as not to disturb other campers or neighbours.
- The choice and volume of music in the kitchen will be at the discretion of the quartermaster or leader of the day.



Security:

- You're responsible for looking after your belongings and equipment



and keeping the area round your tent/caravan tidy.

- Please tell one of the leaders if there are any problems or you see strangers on the field.
- Always lock your cars when you're not around. No responsibility whatsoever is taken by Springs Camp.

Electrics:

- There are no electric hook ups.
- There is one electric socket in the marquee for hair driers and there are shaver points in the male wash tent.
- Please don't use hair driers at mealtimes.
- We have a phone charging station for you to charge phones and small power banks only. Springs Camp cannot guarantee their security.
- You may wish to bring a wind-up or solar charger or use your car charger.
- All non-phone related items found in the phone charging station or hair drier socket will be removed.
- If you need to charge any non-phone items please ask a leader if it can be arranged.



Dogs:

- Dogs are NOT allowed on the Convention site.
- Well-behaved dogs are currently allowed at Camp - but MUST be kept on a short lead (2m max) while on the camp field and must be exercised away from camp and any farm field.



Alcohol & Smoking:

- We're aware that people coming to camp have differing views and practices.
- It's our policy that if you want to drink moderate amounts of alcohol this should be done discreetly within the vicinity of your own tent/caravan



and not in or near the marquee and youth tent or other public areas.

- Smokers are asked to be sensitive to the needs of other campers by smoking away from tents/caravans and the main public areas.

First Aid:

- There are no first aid facilities for campers on site.
- Keswick has an excellent medical practice (Castlehead Medical Centre 017687 72025) and a small injuries unit at the local hospital (017687 245678).
- You're recommended to bring a basic first aid kit with you.



Leaders:

- Each day a Duty Leader will be in charge of all camp arrangements.
- She or he will normally be your first point of contact for queries, but all camp leaders are always available to give help or advice during your stay.
- All leaders and cooks are volunteers.



Camp's address 13 July-3 August 2019 ONLY

Springs Farm, Springs Road,
Keswick CA12 4AN

Phone contact at Camp:
07788 990515

Feedback:

- We want you to enjoy your Springs Camp holiday and the Keswick Convention.
- We're always pleased to have your comments on possible ways to improve Camp each year.
- Contact us on our website www.springscamp.org.uk or on Facebook, email us at springscampkeswick@gmail.com or write to us at 149 Windebrowe Avenue, Keswick CA12 4JB.